

## West Valley Church of Christ – April 21, 2024

18604 Lower Buckeye Rd.  
Goodyear AZ 85338  
P.O. Box 67, Buckeye, AZ 85326

wvcochrist.com

Sunday Bible Study: 9:30 a.m.  
Sunday Worship: 10:30 a.m.  
Wednesday Devotional: 6:30 p.m.

### QUIET TIME

I realize I do not have to tell you the benefit of quiet time with God, but making it our practice is an entirely different matter. The Psalmist said, “Be still and Know that I am God” (Psalms 46:10). There is a sense in which hurry can destroy our souls. Here are two thoughts concerning being still and knowing God. First of all, MAKE TIME. No one can tell another person what time in the 24-hour day is best for them because all our circumstances and responsibilities are different. The point is we all have to make time. Second, after you make time, approach God with the RIGHT SPIRIT. The time and place will be of no avail if the attitude is wrong. There are pockets in all of our days we are forced to slow down. You might consider using these required stops in your day, such as red lights, to reflect on God. There are lines in which we stand and wait at the grocery store or the bank. We often wait at the gas station or medical office and all these times of pause can actually benefit us, if we will be still and know God. For many of us the danger is we will become so rushed and preoccupied with things that we are weakened spiritually by not taking pockets of time to reflect on God’s goodness.



Clark Tatum